

Dear athlete!

A warm welcome to Copenhagen! We hope you will have a good competition, and enjoy your stay in the city. In this letter you will find information about the meeting 18th of June.

Please do not hesitate to contact us if you have any questions.

Contact information

Venue: Østerbro Stadium,
Gunnar Nu Hansens Plads 11
Copenhagen Ø
Organisers: Henrik Paulsen +45 22 31 45 92

Bibs

You will receive one bib stating your last name. The bib is to be worn on chest. You will receive your bib from the information desk located in hotel lobby or at the latest on stadium upon arrival.

Personal equipment

Personal equipment must be delivered to the information desk no later than 1 hour before the competition start. The equipment will be taken to the venue by the organisers. Please make sure to collect your personal equipment at the stadium after the competition.

Warm up area

Indoor Hall.

Call Room

There will be call room in all events (se next page for timetable).

Start lists

<http://spartacag.dk/>

Pace maker

There will be pace on the 1.500 m and 3.000 ST. , Men

Payments

All refunds and payment of prize-, travel money, bonuses etc., will be arranged through the manager or athlete. Information about bank account should be sent mail to hpa@sparta.dk, after which payment will take place.

Thank you for taking part in Copenhagen Athletics Games 2019!

Copenhagen Athletics Games 2019

Tuesday, June 18th, Østerbro Stadium

TIMETABLE

TIME	CALLROOM	TRACK	FIELD
17:30	17:00		Javelin (nat.) - M
17:50	17:30	400 m – M (B-heat)	
18:00	17:30		Triple Jump – W
18:00	17:40	100 m – W (1 heat)	
18:05	17:40	100 m – W (2 heat)	
18:10	17:50	100 m – M (1 heat)	
18:15	17:50	100 m – M (2 heat)	
18:30		5 km Mix Race	
18:35	18:05		Discus - W
18:35	18:15	1.500 m - M	
18:50	18:30	1.500 m - Girls	
19:00	18:50	1.500 m - Boys	
19:10	18:40		Long Jump – M
19:25	19:05	100 m – W (Final)	
19:35	19:15	100 m – M (Final)	
19:45	19:25	400 m hurdels – W	
19:55	19:25		Discus - M
19:55	19:35	400 m hurdels – M	
20:05	19:45	400 m – M (A-heat)	
20:15	19:55	100 m hurdels – W	
20:25	20:05	110 m hurdels - M	
20:35	20:15	1.500 m – W	
20:45	20:25	3.000 m ST - M	